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# Methylmercury biomagnification in aquatic food webs of Poyang Lake, China: Insights from amino acid signatures

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# ABSTRACT

As the dominant mercury species in fish, methylmercury (MeHg) biomagnifies during its trophic transfer through aquatic food webs. MeHg is known to bind to cysteine, forming the complex of MeHg-cysteine. However, relationship between MeHg and cysteine in large-scale food webs has not been explored and contrasted with MeHg biomagnification models. Here, we quantified the compound-specific nitrogen isotopic analysis of amino acids (CSIA-AA), MeHg, and amino acid composition in aquatic organisms of Poyang Lake, the largest freshwater lake in China. The trophic positions (TP<sub>AA</sub>) of organisms ranged from  $1.0 \pm 0.1-3.7 \pm 0.2$  based on CSIA-AA approach. The trophic magnification factor (TMF) of MeHg, derived from the regression slope of Log-transformed MeHg in organisms upon their TP<sub>AA</sub> for the entire food web was  $9.5 \pm 0.5$ . Significantly positive regression between MeHg and cysteine (R<sup>2</sup> = 0.64, p < 0.01) was documented, suggesting MeHg-cysteine complex may potentially play a critical role in the bioaccumulation of MeHg. Furthermore, TMFs of MeHg calculated with and without cysteine normalization compared well (7.7–8.7) when excluding primary producers. Our results implied that MeHg may biomagnify as the complex of MeHg-cysteine and contribute to our understanding of MeHg trophic transfer at the molecular level.

## 1. Introduction

Mercury (Hg) is a globally distributed semi-volatile pollutant, and is released to the atmosphere via both natural (e.g., volcanoes, biomass burning) and anthropogenic processes (e.g., gold mining, fossil fuel combustion, metal smelting, and cement production; Pirrone et al., 2010; Selin, 2009). More than 90 % of Hg released to the atmosphere is elemental Hg (Hg°), which has a long atmospheric lifetime (0.5–2 years) and is ultimately removed from the atmosphere through (1) oxidation to Hg<sup>2+</sup> by ozone, hydroxyl radical and halogen radicals, or (2) uptake by vegetation (Driscoll et al., 2013; Pirrone et al., 2010; Selin, 2009). Once deposited in terrestrial and aquatic ecosystems, Hg is susceptible to transformation to MeHg, a bioaccumulative neurotoxin (Schaefer and Morel, 2009; Yin et al., 2017; Li et al., 2016). Because of its high biomagnification potential, considerable levels of MeHg have been observed in various top predators, even those inhabiting in remote areas (Fox et al., 2017; Ruus et al., 2015). Consumption of fisheries products is

therefore regarded as the primary MeHg exposure pathway for the global human population.

MeHg accounts for the majority of THg in fish muscle (Abeysinghe et al., 2017; Lescord et al., 2018; Sackett et al., 2015) and can be biomagnified efficiently along the aquatic food webs, reaching concentrations millions of times higher in wildfish than in the surrounding water (Blum et al., 2013; Clayden et al., 2013; Yin et al., 2016). Ecosystem characteristics (e.g., pH, nutrient, temperature) and food web processes (e.g., species diversity, growth rate) are known to affect the biomagnification of MeHg, while trophic transfer remains the primary driver (Clayden et al., 2013; Lavoie et al., 2013). Trophic transfer of MeHg in aquatic food webs is closely coupled to the metabolism (e.g, subcellular distribution, assimilation efficiency) of MeHg (Adediran et al., 2019; Wang, 2012). Dang and Wang (2010) observed that the bioavailability of MeHg associated with different subcellular fractions (e.g., heat-stable protein, cellular debris) was comparable due to high assimilation efficiencies (90–94 %). Furthermore, MeHg has been shown

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to conjugate with cysteine as the complex of MeHg-cysteine, and as a result accumulates in fish muscle protein (Harris et al., 2003; Lemes and Wang, 2009; Leaner and Mason, 2002). MeHg transportation across the cellular membrane, such as during the digestive processes of fish, is also mediated via the complexes of MeHg-cysteine because this complex is a structural mimic of the essential amino acid methionine, which is a substrate for amino acid carriers such as the L-type neutral amino acid transporters (LATs; Leaner and Mason, 2002; Simmons-Willis et al., 2002). A few earlier studies also suggested that the trophic transfer of MeHg may be exclusively in the form of MeHg-cysteine (Simmons-Willis et al., 2002; Thera et al., 2019; Leaner and Mason, 2002). However, the effects of amino acid metabolism, especially essential amino acids cysteine and methionine, on the prey-predator relationships and the trophic transfer of MeHg, has been rarely explored and warrants further investigation.

The trophic magnification factor (TMF), derived from the slope of a Log-normal regression of contaminants (e.g., MeHg) in organisms upon their corresponding trophic positions (TPs) has been widely used to assess the average trophic transfer of Hg across food webs (Borgå et al., 2012; Burkhard et al., 2013; Ek et al., 2018). Analysis of bulk stable nitrogen isotope ( $\delta^{15}N_{Bulk}$ ) in biota provides a continuous measure of the relative position of organisms within a food web (Hussey et al., 2014). However, this approach has a few limitations that can introduce considerable uncertainty into a TMF study (Borgå et al., 2012; Post, 2002). Firstly, both MeHg and  $\delta^{15}N_{Bulk}$  in aquatic organisms are affected by the availability and composition of protein (i.e., amino acid composition; Clayden et al., 2013; Karimi et al., 2007; Robbins et al., 2010; Man et al., 2019). For example, the variability of MeHg in aquatic invertebrates is related to their tissue content of cysteine (Thera et al., 2019). Secondly, the trophic <sup>15</sup>N-enrichment factor ( $\Delta^{15}$ N, approximated 3.4‰ at each shift of TP), is known to be affected by protein quality and shows a high variation with different species, physiology, and trophic ecology (Robbins et al., 2010, Zanden and Rasmussen. 2001). For instance, the  $\Delta^{15}$ N values among different animals (i.e., insects, mammals) exhibited considerable variations (e.g., -0.5% to +9.2%; Post, 2002; Zanden and Rasmussen, 2001). Another limitation is the spatial and temporal variations in the nitrogen isotope baseline of the ecosystem in question (Ek et al., 2018; Lorrain et al., 2015). A common solution has been to use the long-lived primary consumer as TP of 2.0 (Zanden and Rasmussen, 2001), but recent studies indicated that these long-lived primary producers may be omnivorous, and their isotopic compositions were also variable both temporally and spatially (i. e., in-depth; Chikaraishi et al., 2014; Choi et al., 2017; Cummings and Schindler, 2013; Matthews and Mazumder, 2003). Therefore, a better understanding of the food web structure is critical for accurate TMF assessments (Borgå et al., 2012; Kidd et al., 2001). Moreover, TMF was used to quantify the trophic transfer of contaminants rather than the relative change of the associated cellular medium (Borgå et al., 2012; Burkhard et al., 2013). Therefore, whether MeHg should be normalized by the cellular medium such as proteins remains to be resolved. To the best of our knowledge, the relationship between MeHg and cysteine or protein has only been rarely explored and contrasted to MeHg biomagnification models based on TPs.

To establish reliable and accurate estimation of TP, the compoundspecific nitrogen isotopic analysis of amino acid (CSIA-AA) has been regarded as a promising measure (Chikaraishi et al., 2014, Ek et al., 2018). The most significant advantage of the CSIA-AA approach is that it defines the TP upon the basis of the metabolic pathways of amino groups of amino acids (Mcmahon and Mccarthy, 2016; O'Connell, 2017; Steffan et al., 2015). Specifically, the trophic amino acids are highly <sup>15</sup>N-enriched during transamination as the cleavage of C—N bonds, while source amino acids show little changes in their  $\delta^{15}N$  values during metabolic processes since the carbon-nitrogen bonds (C—N) are neither formed or cleaved. Therefore, heavily fractionated trophic amino acids (e.g., glutamate, enriched by +8.0‰) provide a robust indicator of trophic step, while less fractionated source amino acids (e.g., phenylalanine and methionine, enriched by +0.4% and +0.5%, respectively) closely mirror the nitrogen isotope baseline at the base of the food web (Chikaraishi et al., 2009). Accordingly, the CSIA-AA approach produces a more accurate and precise estimation of the TP compared to other methods (Chikaraishi et al., 2014; Steffan et al., 2015).

In this study, we measured the amino acid nitrogen isotopic composition, amino acid contents (particularly cysteine), and the corresponding contents of THg and MeHg in organisms collected from the Poyang Lake, the largest freshwater lake in China. TMF was examined under several scenarios, i.e., with or without normalization by protein or cysteine; with or without consideration of primary producers to clarify their influences. Our objectives were: 1) to examine whether the MeHg concentrations of organisms were related to their protein or cysteine contents; 2) to compare TPs inferred from bulk and CSIA-AA approach (TP<sub>Bulk</sub> vs TP<sub>AA</sub>); finally 3) to reveal the differences between the TMFs derived from traditional bulk  $\delta^{15}$ N approach and CSIA-AA approach.

# 2. Materials and methods

## 2.1. Field sample collection and processing

As the largest freshwater lake of China, Poyang Lake covers an area of 3283.41 km<sup>2</sup> (average depth of 8.4 m) and provides significant environmental benefits to China in terms of supplying water resources and maintaining carbon storage and biodiversity. In October 2016, aquatic organisms of food web components were systematically sampled from the southern area of Poyang Lake (28°48'N~29°05'N, 116°22′E~116°29′E, Fig. S1), following a previous protocol (Zhang et al., 2019). These samples included four representative primary producers (including algae, n = 3; terrestrial C3 input, n = 3; aquatic macrophyte, n = 8; and particulate organic matter, n = 3), two abundant macrobenthic species (filter-feeding mussel of Hyriopsis cumingii, n = 5 and surface-grazing snail of Cipangopaludina cahayensis, n = 4), omnivorous shrimp (Macrobrachium nipponensis, n = 3; Procambarus clarkia, n = 4), one crab (Eriocheri sinensis, n = 3) and 27 fish species (i. e., herbivore: Parabramis pekinensis and Ctenopharyngodon idellus; planktivore: Hemiculter leucisculus, Tylosurus melanotus and Hemibarbus maclatus; carnivores: Silurus asotus and Siniperca chuatsi; detritivore: Parabotia fasciata and omnivores.

 $n=103\,$  for fish species). Detailed information on the species, numbers of the sample, and feeding habits are summarized in Table 1 and Text S4.

Briefly, fish, shrimps, and crabs were sampled with the help of local fishermen using homemade trawl, fixed nets, and casting nets, while snails and freshwater mussels were collected using homemade trawl. These samples were kept on ice-bag and immediately transported to the laboratory. Primary producers, represented by terrestrial input (*Phragmites australis* and *Artemisia igniaria*), aquatic macrophytes, and algae, were collected at the same time. Leaves of terrestrial plants were collected by hand, while attached algae were scraped gently off the plants and stones. Samples of particulate organic matter (POM) were obtained by filtering 2 L of surface water onto pre-combusted glass GF/C filter (Whatman,  $1.2 \mu m$  pore size). In the laboratory, all samples were sorted into major taxa and rinsed with  $18.2 M\Omega \bullet cm$  water (Millipore).

The dorsal muscle was collected from large fish after removing the skin and scales. The whole body was taken from small fish to obtain a sufficient sample amount. For invertebrates (e.g., shrimp, mussel), the shell was removed and the pooled muscle tissues were used for analysis. POM samples were acidified using 1 mol/L HCl to remove possible carbonate contamination. These acidified samples (POM) were used for the bulk  $\delta^{13}$ C analysis, and the untreated samples were used for the  $\delta^{15}$ N analysis. All the samples were freeze-dried, homogenized, and subsampled for analysis (isotopic composition, THg, MeHg, and amino acid concentrations).

## 2.2. THg and MeHg analysis

THg concentrations of all freeze-dried samples were determined using a Direct Mercury Analyzer (Milestone, DMA-80) according to USEPA 7473 Method (EPA, 2002). MeHg analysis followed a previous protocol (Liang et al., 2003). Briefly, about 200 mg of the freeze-dried sample was mixed with 3 mL 25 % (W/V) KOH (in CH<sub>3</sub>OH) in a 50-mL centrifuge tube and shaken mechanically for 12 h. Then, 3 mL of 6 mol/L HCl, 4 mL of acidic KBr/CuSO<sub>4</sub> (3:1), and 5 mL of CH<sub>2</sub>Cl<sub>2</sub> were added into the tube in sequence and shaken for 2 h to extract the MeHg into the organic phase. Following centrifugation at 2000 rpm for 10 min, the organic phase was transferred into a 10-mL glass tube and extracted with 1 mL sodium thiosulfate. After extraction, the water phase was pipetted and injected directly into the HPLC-AFS system for separation and determination (Liang et al., 2003).

A certified reference material (GBW10029, n = 15) and 20 randomized replicate samples were analyzed for quality assurance/quality control protocols (QA/QC) of THg and MeHg. The method detection limit for MeHg was better than 0.5 ng/g. The mean recoveries of THg and MeHg for the reference material were  $102 \pm 5\%$  (mean  $\pm$  SD) and 97  $\pm 5\%$ , respectively, and the relative standard deviation of THg and MeHg for replicate samples was typically < 10 %. The variation coefficients for the analysis of MeHg and THg for the replicate samples were less than 12 %.

#### 2.3. Amino acid concentrations

Analysis of proteinaceous amino acid (AA) composition followed a method reported previously (Manneberg et al., 1995). Briefly, 5.00 mg of sample was hydrolyzed with 6 mol/L HCl at 110°C in the presence of 0.02 % phenol (W/V). To quantify the cysteine content, every sample was hydrolyzed twice, with and without oxidation. Both cysteine and cystine residues in protein were oxidized into cysteic acid following hydrolysis in the presence of sodium azide (NaN3, 0.20 %, W/V), and the content of cysteine was equal to the concentration difference between cysteic acid (hydrolysis with NaN<sub>3</sub>) and cystine (without NaN<sub>3</sub>). The amino acid composition of both set samples was determined using the amino acid analyzer (A300, Membrapure). A total of 19 AAs (cysteine, cystine, methionine, aspartate, arginine, glycine, valine, leucine, isoleucine, phenylalanine, threonine, lysine, histidine, tyrosine, glutamate, serine, threonine, alanine, proline) were determined. Generally, the 19 AAs were linear from 0.1–5 nmol ( $R^2 > 0.99$ ), with a method detection limit of better than 20 pmol. The recovery for every AA was better than 95 %. Bovine serum albumin (BSA) was used to assess the oxidation efficiency for the conversation of cysteine to cysteic acid. The BSA hydrolysis in the presence of 0.20 % NaN<sub>3</sub> normally resulted in 93-100 % oxidation of cysteine to cysteic acid. The protein content was then calculated as the total of determined hydrolyzed AAs. Further information is provided in the Text S1.

#### 2.4. Isotopic analysis

Bulk C and N isotopic analyses were carried out on the freeze-dried samples using an elemental analyzer–isotope ratio mass spectrometer (EA-IRMS, Flash 2000 and MAT253 Plus, Thermo Fisher Scientific Inc., USA) following a previous method (Zhu et al., 2018). Based on replicates of laboratory standards, the analytical precisions for  $\delta^{13}$ C and  $\delta^{15}$ N were better than 0.1‰.

The CSIA-AA was conducted using a previously described method (Zhang et al., 2016). Individual AAs were firstly converted to N-pivaloyl/isopropyl ester derivatives according to a modified protocol (Chikaraishi et al., 2009), and the  $\delta^{15}$ N values were then determined via a Delta V mass spectrometer equipped a Trace GC Ultra (GC Isolink + ConFlo IV, equipped with an Agilent DB-5 ms column) to obtain a baseline separation of the AA mixtures (Zhang et al., 2016). To assess the isotopic analysis reproducibility, amino acid reference mixtures with known  $\delta^{15}$ N values were analyzed after every five sample runs. Each sample was analyzed in triplicate, and the intensity of most elution peaks was kept higher than 400 mV to obtain an associated analytical error of typically < 1.0‰. Further details on the lab analyses and quality assurance procedures (i.e., bulk isotope, CSIA-AA) are provided in the Text S2, S3.

#### 2.5. Trophic position and statistical analyses

The TP values based on CSIA-AA and bulk isotope approach were calculated using the following equation (Chikaraishi et al., 2009; Zhang et al., 2019), respectively. For TP<sub>AA</sub> calculation, trophic enrichment factor (TEF) at each shift of TP was set as 7.6  $\pm$  1.2% (Chikaraishi et al., 2009). The  $\beta_{mix}$  is the averaged difference between  $\delta^{15}N_{Glu}$  and  $\delta^{15}N_{Phe}$  of the lake primary producers digested by an individual consumer.  $\beta_{vascular}$  value for terrestrial vascular and aquatic plants (i.e., +8.4  $\pm$  1.6%) is higher than that for aquatic algae, eukaryotic and prokaryotic photoautotrophs ( $\beta_{algae}$ , -3.4  $\pm$  0.9%) (Chikaraishi et al., 2009; Yamaguchi et al., 2017). Therefore,  $\beta_{mix}$  for an individual was first calculated based on their dietary composition to accurately estimate their TP<sub>AA</sub>:

$$\beta_{\text{mix}} = \beta_{\text{vascular}} \times f + \beta_{\text{algae}} \times (1-f) \tag{1}$$

$$TP_{AA} = [(\delta^{15}N_{Glu} - \delta^{15}N_{Phe} - \beta_{mix})/TEF] + 1$$
(2)

The  $\delta^{15}N_{Glu}$  and  $\delta^{15}N_{Phe}$  are the  $\delta^{15}N$  values of glutamate and phenylalanine, respectively. The *f* and 1-*f* represent the relative contributions of vascular resources (terrestrial input and aquatic plants) and algae for each consumer, respectively, which can be calculated using a Bayesian mixing model (simmr; Text S4, Parnell et al., 2013). By explicitly accounting for several uncertainties (i.e., multiple sources, fractionation factors, and determined isotopic signatures), the simmr model can determine the probability distribution of source contributions to a mixture. Multiple isotopic tracers ( $\delta^{15}N$ ,  $\delta^{13}C$ ,  $\delta^{15}N_{Glu}$ ,  $\delta^{15}N_{Phe}$ ) were employed to improve the performance of simmr (Zhang et al., 2019). Detailed information about the simmr model was provided in Text S4.

For estimation of TP<sub>Bulk</sub>, a representative  $\Delta^{15}$ N was used as the average trophic shift (i.e., 3.4‰) and average  $\delta^{15}$ N values of long-lived primary consumers (i.e., freshwater mussels) as a baseline (Post, 2002).

$$TP_{Bulk} = (\delta^{15} N_{consumer} - \delta^{15} N_{baseline}) / \Delta^{15} N + 2$$
(3)

The MeHg concentrations were logarithm-transformed for statistical analysis to meet the assumptions of normality and equal variance. The trophic magnification factors (TMFs, and the potential uncertainty considering the propagation of uncertainty of slope "b") were calculated as the antilog of the regression slope (to the base 10 in this study) of the MeHg concentration against the TP (both  $TP_{Bulk}$  and  $TP_{AA}$ , Text S4) :

$$Log_{10}[MeHg] = a + b \times TP$$
(4)

$$TMF = 10^{b}$$
(5)

Multiple linear regression analyses using protein, cysteine content,  $\delta^{15}N_{Bulk,}$  and  $TP_{AA}$  of food web organisms were conducted to examine whether protein or cysteine content explained additional variation in Log MeHg concentrations. An Akaike Information Criterion (AIC) adjusted for small sample sizes (AIC<sub>c</sub>) was used to identify the best model (Anderson and Burnham, 2004). Usually, the lower AIC<sub>c</sub> means the better of the model (Text S5). The variance inflation factor (VIF), which was used to test the multicollinearity between independent variables, were generally less than 2 among the examined independent variables in this study (Table S4, Text S5).

Analysis of variance (ANOVA) was used to compare the differences in TP for each species between the estimation approaches ( $TP_{AA}$  vs  $TP_{Bulk}$ ). The slopes in Eq. (4) among different scenarios (with and without primary producers, before and after normalization with cysteine or protein) and between the bulk and CSIA-AA methods were compared using analysis of covariance (ANCOVA). Specific comparisons of MeHg biomagnification through the pelagic and benthic food webs were also conducted using ANCOVA. Alpha was set to 0.05 in all tests for statistical significance. ANCOVA, simple linear regression and correlation analyses were conducted using SPSS 23. The Bayesian mixing model using package simmr was conducted in R statistical software 3.5.1. Additional details on data analyses were provided in the Supporting Information.

# 3. Results and discussion

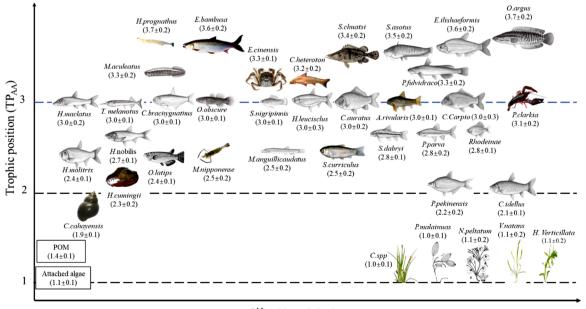
# 3.1. $\delta^{15}N$ of phenylalanine, glutamate, and bulk tissue

In the present study, we focused on the use of the two canonical amino acids for the TP<sub>AA</sub> estimation: glutamate and phenylalanine. The  $\delta^{15}$ N<sub>Phe</sub> among the investigated samples ranged from 4.8  $\pm$  0.4‰ to  $16.1 \pm 2.0\%$  (Table 1), with the highest values in aquatic macrophytes and the lowest values in algae. These results are consistent with the general finding that the catabolism pathways of phenylalanine in algae and vascular plants were distinct (Styring et al., 2014). In vascular plants, the significant role of phenylalanine in the phenylpropanoid pathways for the biosynthesis of lignin and phenolic compounds was responsible for the relative <sup>15</sup>N-enrichment due to an enzymatic kinetic isotopic effect (i.e., the cleavage of C-N bonds) (Styring et al., 2014). The  $\delta^{15}N_{Phe}$  in all consumers fell between the two dietary groups (Fig. 1). The lower  $\delta^{15}$ N<sub>Phe</sub> values were observed in filter-feeding consumers, such as silver carp (Hypophthalmichthys nobilis) and bighead carp (Hypophthalmichthys molitrix), which were very close to that of POM. On the other hand, the  $\delta^{15}N_{\text{Phe}}$  in the herbivorous grass carp (Ctenopharyngodon idellus) were higher and close to that of aquatic macrophytes. These results are consistent with previous reports that the signature of phenylalanine is potentially useful for identifying the basal diet resources of a consumer (Choi et al., 2017). The  $\delta^{15}N_{Glu}$  and  $\delta^{15}N_{Bulk}$ displayed significant variations, ranging from  $2.3 \pm 1.0\%$  (terrestrial input) to 27.7  $\pm$  2.1‰ (whitebait), and from 5.6  $\pm$  0.5‰ (algae) to  $18.9 \pm 0.8\%$  (grenadier anchovy), respectively (Table 1). This large enrichment of  $\delta^{15}N_{Glu}$  was consistent with the theory that consumers

tended to be <sup>15</sup>N-enriched (+8.0‰) during each trophic stepwise because the metabolism of glutamate is dominated by transamination or deamination which highly favors <sup>14</sup>N via kinetic isotopic fractionation (Yamaguchi et al., 2017). In addition, the strong positive relationship between  $\delta^{15}N_{Glu}$  and  $\delta^{15}N_{Bulk}$  in biota (R<sup>2</sup> = 0.71, *p* < 0.01, Fig. S2) indicated a similar ability to predict TP.

## 3.2. Comparison between TP<sub>Bulk</sub> and TP<sub>AA</sub>

The TP<sub>AA</sub> of Poyang Lake biota ranged from  $1.0 \pm 0.1$  (primary producers) to  $3.7 \pm 0.2$  (snakehead and whitebait, Table 1). In contrast, the highest  $TP_{Bulk}$  was  $4.4 \pm 0.1$  for grenadier anchovy (Table S1), which was significantly higher than the corresponding  $TP_{AA}$  (3.0  $\pm$  0.2). In general, the TP<sub>Bulk</sub> was higher than TP<sub>AA</sub> for most species (approximately 0.3-1.4 units; Fig. S3, Table 1, and Table S1). Such a discrepancy between the two approaches was observed previously (Ek et al., 2018; Kobayashi et al., 2019). For example, Kobayashi et al. (2019) reported that  $TP_{Bulk}$  (from 1.0–4.0  $\pm$  0.1) tended to be larger than  $TP_{AA}$  values (from  $1.0-3.5 \pm 0.4$ ) of food-web organisms in Tokyo Bay (Kobayashi et al., 2019). In the present study, planktivores (e.g, grenadier anchovy, saury fish, and stone moroko) showed TP\_{AA} of 2.8  $\pm$  0.2–3.0  $\pm$  0.2, but their TP<sub>Bulk</sub> values were generally higher than 3.5. In addition, shrimp (Macrobranchium nipponense) known to be omnivores was more reliably predicted by  $TP_{AA}$  (2.5  $\pm$  0.2) rather than by  $TP_{Bulk}$  (3.4  $\pm$  0.2). Compared with TP<sub>Bulk</sub>, we suggested that TP<sub>AA</sub> may serve as a more reliable estimation for the Poyang Lake organisms. Therefore, the aquatic food web structure of Poyang lake was illustrated using TP<sub>AA</sub>, as presented in Fig.1. Generally, species known as primary producers, herbivores, and planktivores had well-understood trophic tendencies, as suggested by their integer TPAA values (Chikaraishi et al., 2014). For instance, primary producers (e.g., aquatic macrophytes, algae, and terrestrial input) showed TPAA values of near 1.0 (0.9-1.2); Snails, which fed primarily on algae and aquatic macrophytes, showed TP<sub>AA</sub> of  $1.9 \pm 0.1$ ; Herbivorous fish (grass carp and bream) showed TP<sub>AA</sub> values of 2.0–2.2 (2.0  $\pm$  0.2); Secondary consumers such as planktivores and crayfish showed TPAA values near 3.0. Omnivores such as shrimps and benthic bivalves showed intermediate TPAA values of 2.2-2.6, and carnivorous species (i.e., snakehead, catfish) had the highest TPAA of 3.3



#### δ<sup>15</sup>N-Phenylalanine

**Fig. 1.** Illustration of the aquatic food web structure of Poyang Lake ecosystems based on the CSIA-AA approach ( $TP_{AA}$ ). Mean  $TP_{AA}$  values and 1SD for each species are shown in parenthesis near each organism. The *x*-axis represents the relative of  $\delta^{15}N_{Phe}$  values in organisms. A detailed description of these freshwater species can be found in Table 1 and Table S1.

to 3.7. The predicted  $\text{TP}_{AA}$  of organisms in Poyang Lake were generally consistent with their known dietary habits.

#### 3.3. THg and MeHg in the lake food web organisms

As in other studies, THg and MeHg concentrations of organisms in Poyang Lake varied significantly, from 0.84 (attached algae, n = 1) to  $572 \pm 134$  ng/g (catfish, n = 5) and 0.17 (attached algae) to  $517 \pm 97$  ng/g (catfish), respectively (Table 1). The levels of THg and MeHg of investigated organisms were roughly within the same order of magnitude as in other freshwater ecosystems of China (Jin et al., 2006; Li et al., 2010). MeHg concentrations and MeHg percentage (the proportion of THg as MeHg, ranged from 3.4%-98.5%) increased considerably from primary producers through herbivores to carnivorous fish species, similar to the pattern observed for TPAA (Table 1, Fig. 2A and Fig. S4). The inorganic Hg (IHg) calculated by THg minus MeHg showed no obvious correlation with TPAA, indicating limited IHg bioaccumulation potential along with the aquatic food web (Fig. S5). These results suggested that MeHg was the species to be efficiently biomagnified and bioaccumulated through food webs. For instance, an increased pattern (in "S" curve) of MeHg percentage was observed from primary producers (< 10 %), herbivores (12 %), primary consumers and omnivores (approximately 30%-80%) to planktivores and carnivorous fish (> 90 %), consistent with many previous studies (Fox et al., 2017; Van der Velden et al., 2013) (Fig. S4). The similar trends of MeHg concentrations and MeHg percentage with TPAA, supported bioaccumulation of MeHg in Poyang aquatic food web and implied that MeHg concentrations and MeHg percentage in organisms can be alternative indicators of the TP.

### 3.4. TMF calculated using bulk and CSIA-AA approach

After being Log-transformed, the concentrations of MeHg were strongly and linearly correlated with TP<sub>Bulk</sub> and TP<sub>AA</sub> values (R<sup>2</sup> = 0.72 and 0.66, respectively, p < 0.01, Fig. 2). The TMF of MeHg based on TP<sub>Bulk</sub> and TP<sub>AA</sub> was estimated to be 5.7 ± 0.4 and 9.5 ± 0.5, respectively, which were within the range of global reviewed values for freshwater ecosystems based on bulk  $\delta^{15}$ N method (8.3 ± 7.5) (Lavoie et al., 2013). However, the difference between the slopes of the relationship between Log MeHg with TP<sub>Bulk</sub> or TP<sub>AA</sub> was significant (ANCOVA, F<sub>1,128</sub> = 43.6, p < 0.001). One of the possible reasons was the longer food chain length calculated using  $\delta^{15}$ N<sub>Bulk</sub> than the CSIA-AA approach (highest TP of 4.4 ± 0.1 vs 3.7 ± 0.2, respectively).

#### 3.5. Amino acids composition

The basic profiles of AA composition among freshwater species in this study were similar (Fig. S6). Glutamate was the most abundant AA, followed by aspartate, alanine, lysine, glycine, leucine, and valine, while the sulfur-containing amino acids (cysteine, cystine, and methionine) were the lowest among the remaining AAs.

In general, the protein and individual AA contents showed considerable variability and were significantly and positively related to the TP<sub>AA</sub> values across all species in the food webs (Pearson,  $r = 0.27 \sim 0.70$ , p < 0.01, Table S2, Fig. S7). For instance, the lowest levels of protein content were observed in primary producers (approximately  $573 \pm 33$  and  $1025 \pm 74$  nmol/mg for algae and terrestrial input, respectively, TP<sub>AA</sub> =  $1.0 \pm 0.1$ ), while the highest concentrations observed in spotted steed ( $6641 \pm 115$  nmol/mg, TP<sub>AA</sub> =  $3.0 \pm 0.2$ , Table 1). Levels of cysteine were lowest in the primary producers ( $5.8 \pm 0.7$  for algae and  $6.4 \pm 1.1$  for POM, respectively) and highest in the top predators ( $97.1 \pm 3.8$  and  $99.0 \pm 9.3$  nmol/mg for snakehead and catfish, respectively), and generally followed the TP<sub>AA</sub> (R<sup>2</sup> = 0.49, p < 0.01, Fig. S7 A). As with cysteine, other AAs also presented positive regressions with TP<sub>AA</sub> (Table S2). However, there was no obvious correlation between TP<sub>AA</sub> and protein or individual AA when primary

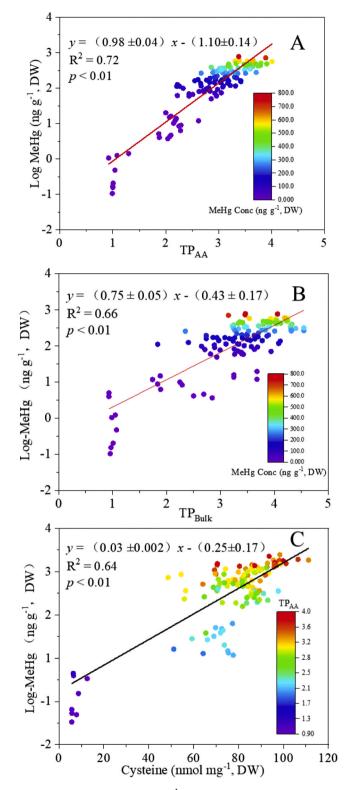


Fig. 2. Log-transformed MeHg (ng  $g^{-1}$ , DW) versus  $TP_{AA}$  (A),  $TP_{Bulk}$  (B) and cysteine concentrations (C, nmol  $g^{-1}$ , DW) of biota from Poyang Lake.

producers were excluded (p > 0.05, Table S3), except for cysteine (R = 0.392, p < 0.01, Table S3, Fig. S7 C). The bioaccumulation of cysteine through the food webs may be linked to its role in the storage of the sulfhydryl-reactive metals (i.e, cadmium, lead, mercury, and arsenic; Quig, 1998). For instance, the affinity constant for Hg binding to thiol anions (-SH) is in the order of magnitude of  $10^{15}$  to  $10^{20}$ , and cysteine is the only amino acid containing a free -SH group among the 19 primary

#### amino acids (Zalups, 2000; Zhang et al., 2004).

#### 3.6. Effect of cysteine on the biomagnification of MeHg

Significant and positive linear regressions between Log-MeHg ( $R^2 = 0.64$ , p < 0.01) or Log-THg ( $R^2 = 0.55$ , p < 0.01) and cysteine were observed for all the samples (Fig. 2C, Fig. S8), respectively, suggesting that cysteine contents explained 55 % and 64 % of the variability of Log-THg and Log-MeHg. For instance, MeHg content of catfish ( $TP_{AA} = 3.5 \pm 0.2$ , MeHg =  $517 \pm 97$  ng/g) tended to be higher than whitebait ( $TP_{AA} = 3.7 \pm 0.2$ , MeHg =  $462 \pm 28$  ng/g), which may be partially explained by the higher cysteine concentration ( $99.0 \pm 9.3$  and  $70.5 \pm 0.7$  nmol/mg for catfish and whitebait, respectively). We infer that the regression between MeHg and cysteine is driven by the formation of the MeHg-cysteine complex in organism tissue. In fact, MeHg is thought to be predominately conjugated with cysteine in fish muscle tissue (Dang and Wang, 2010; Harris et al., 2003), and the cycling of MeHg (i.e., storage, uptake, transport, distribution) also linked to the cysteine metabolism (Thera et al., 2019).

The previous study observed that a combination of cysteine and  $\delta^{15}N_{Bulk}$  significantly predicted the MeHg contents of aquatic invertebrates (Thera et al., 2019). In contrast, the present study indicated cysteine combined with TP<sub>AA</sub> can explain more variability in Log-MeHg through the food web than other combinations or individual variables (Text S5 and Table S4). For instance, the prediction models of Log-MeHg levels by  $\delta^{15}N_{Bulk}$  with cysteine or protein were similar ( $R^2_{adj} = 0.71$  and 0.70, AICc = -243 and -236, respectively), while the best one included cysteine with TPAA, which accounted for more than 80 % of the variability in Log-MeHg ( $R^2_{adj} = 0.86$ , AICc = -324, Akaike weight accounted for 0.997). The increase in the model's prediction ( $R^2_{adi}$  up to 0.16,  $\Delta AICc > -80$ ) may be attributed to the accurate estimations of TP based on the CSIA-AA approach. Results further indicated that cysteine can account, to some extent, for the variability of MeHg in food web organisms. The cysteine levels were positively correlated with their corresponding  $TP_{AA}$  values (R<sup>2</sup> = 0.49, Fig. S7 A). Therefore, the relative importance of cysteine and TP to the food web transfer of MeHg is difficult to assess given the potential collinearity of these variables,

although the VIF of cysteine with TP<sub>AA</sub> less than 2.0 (Table S4). In brief, the trophic transfer process of MeHg through the food web is also linked to the bioaccumulation of cysteine, to which the MeHg is conjugated (Clayden et al., 2013; Harris et al., 2003; Leaner and Mason, 2002; Lemes and Wang, 2009; Schaefer and Morel, 2009; Simmons-Willis et al., 2002; Thera et al., 2019; Zhang et al., 2004). When the MeHg concentrations were normalized to cysteine or protein concentrations, the Log<sub>10</sub> [MeHg: cysteine] or [MeHg: protein] ratios were found to be significantly and linearly correlated with TPAA values, with a slope of 0.84 and 0.92 (p < 0.01, Fig. 3 B and C), respectively. The TMF<sub>AA</sub> normalized with cysteine or protein contents was  $6.9\pm0.4$  and  $8.7\pm0.5$ , respectively, for all the samples. Given that MeHg is primarily bound with subcellular heat-stable proteins (Dang and Wang, 2010) and conjugated with cysteine (Harris et al., 2003), the TMFAA should be close to the original TMF value (9.5  $\pm$  0.5). However, our TMF<sub>AA</sub> values were lower than the original TMF values (slopes were compared using ANCOVA, *p* < 0.01).

A worldwide meta-analysis suggested that Hg in organisms at upper TP across ecosystems was primarily defined at primary consumer taxa (TP = 2), rather than primary producer (Lavoie et al., 2013). We, therefore, further examined the TMF for MeHg (without normalization, and normalized with cysteine or protein contents) after excluding the data of primary producers to clarify their influence on the regression. As a result, we observed similar TMF values among the three scenarios (8.7, 7.8, and 8.5, respectively), which indicated that the bioavailability of MeHg among consumers (TP  $\geq$  2) was comparable (Fig. 3). Our result was reasonable since earlier studies showed that most of the MeHg in fish was presented as MeHg-cysteine complex (> 90 %), and primarily distributed in the protein pool with an assimilation efficiency > 90 % (Dang and Wang, 2010). Our results also suggested that the MeHg contents should be normalized by cysteine or protein content to obtain the true TMF analysis (Burkhard et al., 2013).

#### 4. Conclusion

MeHg biomagnifies with increasing trophic levels of the food web in an exponential manner, however, the mechanism underlying this

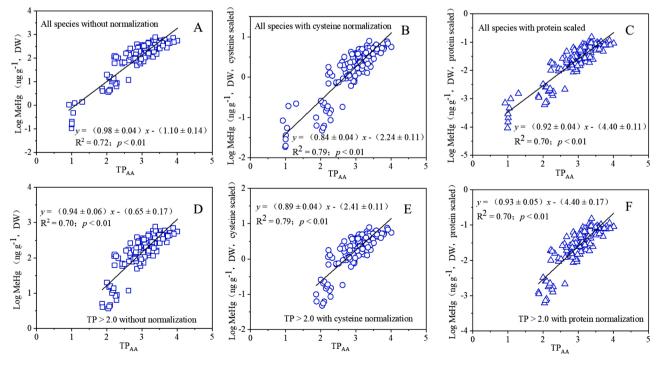


Fig. 3. Relationships between the Log-transformed MeHg concentrations (A), MeHg normalized by cysteine (B), or protein (C) against the trophic position ( $TP_{AA}$ ) of all organisms. D, E, and F represent the relationships of Log-transformed MeHg concentrations, normalized by cysteine or protein against the consumers ( $TP \ge 2$ ).

scenario has not been well explained. In the present study, the trophic positions of investigated organisms in Poyang Lake, the largest freshwater lake of China, were determined using the CSIA-AA approach and contrasted with the traditional  $\delta^{15}N_{Bulk}$  method. Results shown that the  $TP_{AA}$  of the organisms ranged from  $1.0 \pm 0.1$ – $3.7 \pm 0.2$ , generally consistent with their known ecologically trait. The TMF of MeHg along with the Poyang lake food webs was estimated to be 9.5  $\pm$  0.5, similar to the global reviewed values of freshwater ecosystems. To our knowledge, the novel study represents the first interpretation of the importance of cellular medium (i.e., cysteine or protein) in MeHg biomagnification in a full food web. The TMFs of MeHg calculated with and without cysteine (or protein) normalization were comparable (7.7~8.7) when excluding primary producers. Our results suggest that the formation of MeHgcysteine serves as an important driving force of MeHg biomagnification through food webs. Although previous studies have suggested that the majority of MeHg in organisms is conjugated with cysteine, there is a lack of studies regarding the relationship between cysteine and MeHg across a full food web. We speculate that the metabolism of amino acids (especially cysteine) during trophic transfer may concentrate MeHg in protein to high trophic levels, leading to higher MeHg concentration and MeHg/cysteine or MeHg/protein ratios.

#### **Declaration of Competing Interest**

The authors declare no competing interests.

## CRediT authorship contribution statement

Zhongyi Zhang: Conceptualization, Software, Investigation, Writing - original draft. Wen-Xiong Wang: Funding acquisition, Supervision, Validation, Writing - review & editing. Nengjian Zheng: Resources, Writing - review & editing, Data curation. Yansheng Cao: Resources, Writing - review & editing, Data curation. Hongwei Xiao: Methodology, Resources, Writing - review & editing, Data curation. Renguo Zhu: Methodology, Resources, Writing - review & editing, Data curation. Hui Guan: Conceptualization, Software, Investigation, Writing - original draft. Huayun Xiao: Funding acquisition, Project administration, Supervision, Validation, Writing - review & editing.

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## Appendix A. Supplementary data

Supplementary material related to this article can be found, in the online version, at doi:https://doi.org/10.1016/j.jhazmat.2020.123700.

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